

MAIN GATE ACCESS

At the entrance area of the Toronto Study Centre, sevadars and law enforcement officers will be directing traffic. It is important that all approaching traffic must follow their directions.

DROP-OFF, PICK-UP, PARKING, AND EXIT

For those who are only dropping off or picking up sangat and not attending the satsang program, there will be a quick entry/exit access route at the Study Centre.

PLEASE NOTE: THERE IS NO WALKING AND NO STOPPING TO DROP-OFF/PICK-UP ON HIGHWAY 109 OR A-LINE / COUNTY RD 11 / COUNTY RD 3.

Please be patient when exiting the site and follow the instructions of the sevadars. Note that it may take approximately 4 hours to exit due to the high volume of cars exiting the site. For sangat travelling by air, it is suggested that you book your departing flight for at least 12 hours after the end of the satsang program to give yourself time to reach the airport in the event that there are delays exiting the Study Centre.

SPECIAL NEEDS

Shuttle vehicles will be available to pick up elderly sangat or those with special needs from designated pick up points in the parking areas and bring them to the entrance of the main building where sevadars with wheelchairs will be available to help sangat. Please note that aside from this temporary wheelchair assistance to help sangat enter the building, wheelchairs will not be provided for general use. **Please bring what you need.** Please refer to the Special Needs webpage for additional information and the Special Needs Application.

TRANSPORTATION

Shuttle buses from certain hotels and long-distance charter buses may be arranged, please contact your local secretary for additional details.

MASTER'S SATSANG PROGRAM

Science of the Soul®
Toronto Study Centre

471360 County Rd. 11
East Garafraxa, ON L9W 7N2
647-812-1962 or 1-888-SATSANG (728-7264)
www.torontoprogram.org

"If your boat is caught up in a storm and you find a shore, how relieved you feel. We are all in the storm of our mind, and when we go to the satsang of the mystics, we find a shore to land. How relieved we feel. Satsang is a great anchor."
– Maharaj Charan Singh, Legacy of Love

Saturday, July 20th and Sunday, July 21st, 2024

Daily Program

Site and Parking opens:	5:30	AM
Satsang Pavilion / Family Area opens:	6:00	AM
Shabads start at:	8:30	AM
Please be seated by:	9:15	AM
Satsang begins:	10:00	AM
Satsang finishes by:	11:30	AM
Site closes:	2:30	PM

- **Use Buses to Help Traffic Flow:** It is highly recommended Sangat use buses for transportation to the Toronto Study Centre to ease traffic.
- **Priority Access for Bus Riders:** Sangat arriving by bus will have priority access for seating, entry, exit, and purchased lunch bags. This may result in filling the main Satsang Hall with bus-riding Sangat.
- **Stay Tuned for Bus Info:** Bus registration is now open at your local Satsang centre.

A WARM WELCOME

This Information Guide presents key highlights from the website www.torontoprogram.org. Please continue to check the website regularly for new information and updates. If you have any questions or suggestions regarding the event, please contact the information desk.

INVITED GUESTS

Residents of Eastern Canada (Ontario, Quebec, Atlantic provinces) are invited to attend the Master's Toronto Satsang Program. Please note that residents of other provinces and the US are not invited at this time. The Canadian sangat may attend **ONLY ONE** Satsang Program: Toronto or Vancouver, but not both.

SATSANG PROGRAM

Each day there will be a spiritual discourse beginning at 10:00 am, followed by a question and answer session.

ARRIVAL TIME

Please do not arrive at the site prior to 5:30 am. Arriving before this time and parking outside the site causes disturbance to the local community and is a traffic safety hazard to other road users. Unauthorized parking outside the site may result in violations or fines. It is requested that you arrive close to the opening time. Those who have arrived early will not be admitted into the Satsang Pavilion until the posted opening time. To be fair to those who arrive no earlier than the scheduled time, a random line selection system for entering the Pavilion will be implemented.

ATTENDING SATSANG WITH CHILDREN

All children in the Family Area must be accompanied by a parent/guardian who is at least 18 years old. Children under 10 years of age must go to the Family Area accompanied by a parent/guardian. Children aged 10-15 may attend Satsang in the Pavilion or remain in the Family Area, but in both cases must be accompanied by a parent/guardian. Children aged 16 years or older must attend Satsang. Please check the Family Area section on the website for additional information.

SEATING

The sangat must be seated by 9:15 am. Those who would like to be seated together should arrive together. Reserving or holding seats for others will NOT be permitted. For the safety and comfort of all, please co-operate with the sevadars.

SIMULTANEOUS TRANSLATIONS

There will be simultaneous translation from Punjabi into English, and English/Punjabi to French. Designated seating areas in the Satsang Pavilion with headphones have been arranged for this purpose. Please note that there is limited seating in these areas so seating will be available on a first-come first-served basis.

RESTRICTED ITEMS

Mobile phones, smart watches, pagers, cameras, binoculars, laser pointers, MP3 players including iPods, fitbits, audio video recorders, electronic games or any other electronic items MUST NOT be brought into the premises (Pavilion, Family Area and surrounding areas). Any such items brought to the site must be deposited with sevadars. Photography and audio/video recording using any electronic device including mobile phones is not permitted anywhere on the property. If sangat members are observed using a recording device, they will be requested to delete the recorded content. Large bags and purses (measuring over approximately 6" x 9") and food and drinks (other than water) will NOT be permitted inside the Satsang Pavilion. You may bring small snacks in case of a medical need. All bags are subject to inspection upon entry.

NOTE TAKING

It is the Master's wish that we take full advantage of his presence and not spend time and attention taking notes. You are kindly asked to refrain from taking notes during satsang and question and answer sessions. The taking of notes and passing of such notes to others by any means, including the Internet, is strongly discouraged.

QUESTION AND ANSWER SESSION

After the discourse, there will be a question and answer session. Those who wish to ask the Master a question will be selected through a random draw each day before satsang. The selection area will open at 7:30 am and close at 8:30 am, after which the random selection will take place. If you wish to ask a question, please take your seat and then come to the question and answer selection area at the back of the Satsang Pavilion. If you are not selected, you must return to your seat. Once the selection is complete, no one may join the question and answer line.

Question and Answer Guidelines: The Dera has asked that the following information be provided with regards to the questions:

- Questioners must be 18 years of age or older.
- Questions should be short and precise.
- Only **one** question should be asked.
- Questions should be spiritual in nature and not about personal, financial, health, family, or political problems.
- Questions should not be asked on behalf of others.
- Long notes, poems or letters should not be read, nor should there be any singing of shabads or songs.
- Do not interrupt the Master while he is answering your question; let him finish speaking before responding.

There should be no clapping during the questions and answers or at any other time during the program.

Please respect the privacy of those asking questions and do not turn to look at the person asking a question.

COMMUNITY RELATIONS

To maintain a good relationship with the community and the local government, the sangat is requested to be kind and courteous to each other, the sevadars, the local authorities and the neighbouring community.

PACKED LUNCH

A packed meal consisting of a wrap, cereal bar, apple, and juice will also be available at a nominal cost after the satsang program. You may also bring your own lacto-vegetarian food and eat on site. The sangat is welcome to have a picnic with family/friends after satsang.

WEATHER

The weather in East Garafraxa is often windy and cooler than the surrounding cities. Wearing layers is recommended. The Satsang Pavilion is without heating facilities, so please dress appropriately for the weather.

SHOES AND CLOTHING

Due to uneven ground and long distances from parking areas, flat walking shoes are advised. As a courtesy to others, clothing should be modest and appropriate for the occasion.

PERFUMES, SCENTS, SMOKING AND PETS

Please be considerate of others with health issues (allergies, asthma, etc.) and avoid wearing any perfumes or other scents. No smoking in any form including e-cigarettes and e-pipes is allowed on the satsang property. Pets other than certified service animals are not allowed anywhere on the satsang property.